



# Continuing Medical Implementation

*Bridging the Care Gap*



Date: \_\_\_\_\_ For: \_\_\_\_\_

- 1) Monitor BP in AM before arising and 2-3 times a day after 5 minute rest.
- 2) Average daily and weekly systolic and diastolic readings.
- 3) Normal BP is Systolic  $\leq$ 135/Diastolic  $\leq$  85 for home BP monitoring.

Condition	BP Treatment Targets
Treatment threshold if no risk factors, target organ damage or clinical CVD	160/ or/100
Treatment target & initiation threshold for office BP measurements	< 140/90
Treatment target for Ambulatory BP or Home BP measurement	< 135/85
Treatment target for Type 2 diabetics $\pm$ nephropathy or non-diabetic nephropathy	< 130/80
Pre-hypertension (JNC-7)	120-139/80-89
Normal BP	< 120/70

## Rx HOP to ITT

### Validated Omron Home BP Devices

<b>Recommended:</b> <input type="checkbox"/> HEM-711 AC <input type="checkbox"/> HEM-741 C	<b>Choose Cuff Size:</b> <input type="checkbox"/> Regular Cuff <input type="checkbox"/> Large Cuff	<b>Other Omron Devices:</b> HEM-705 CP, HEM-712 C, HEM-739 AC, HEM-780, HEM-757 CAN
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### Validated LifeSource/A&D Medical Home BP Devices

<b>Recommended:</b> <input type="checkbox"/> UA-767 CN	<b>Choose Cuff Size:</b> <input type="checkbox"/> Regular Cuff <input type="checkbox"/> Large Cuff	<b>Other LifeSource/A&amp;D:</b> UA-767 Plus, UA-774 AC, UA-779, UA-787 AC
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For patient Blood Pressure Calendar or Spreadsheet visit:  
[www.cvtoolbox.com](http://www.cvtoolbox.com)

MD Signature: \_\_\_\_\_