



## Baseline History and Physical

Cardiac History	Yes	No	Date(y/m/d)	Duration/Location/Procedure/Institution
Stable Angina				
Unstable Angina				
Previous MI				
Cath				
Previous PTCA				
Previous CABG				
Valve Surgery				
Other				

Risk Factors	Y	N	Duration	Therapy	Control
Hypertension					
Diabetes					
Hyperlipidemia					
Smoking					
Family history of premature CHD in 1° relative ( M ≤ 55/ F ≤ 65)					

PMH:  CVA \_\_\_\_\_  TIA \_\_\_\_\_  Rheumatic fever  heart murmur  
 PUD  Hiatus Hernia  TB  SBE  Bleeding disorder  Cancer

Other \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Allergies:  None / \_\_\_\_\_ Coffee/Tea: \_\_\_\_\_ cups/day Alcohol: \_\_\_\_\_ /day/week

Medications:	Agent	Dose	Adjustment
ASA			
Other platelet inhibitor			
Coumadin			
Digoxin			
Diuretic			
Beta-blocker			
Calcium channel blocker			
Nitrate			
ACE-I			
A-II receptor blocker			
Statin			
Fibrate			
Ezetimibe			
Oral hypoglycemic 1			
Oral hypoglycemic 2			
Oral hypoglycemic 3			
Insulin			

**Key: ● condition present ∅ condition absent ○ not asked/assessed**

## Baseline History and Physical

**Physical Exam:** Height \_\_\_\_\_ cm/ft-in Weight \_\_\_\_\_ kg/lb BMI: \_\_\_\_\_ (Normal < 25 Kg/m<sup>2</sup>)  
 Waist circumference: \_\_\_\_\_ cm/in [abdominal obesity = waist >100 cm (men); >90 cm (women)]  
 General Appearance:  cyanosis  clubbing  arcus senilis  xanthelasma  xanthoma  dyspnea  
 Other: \_\_\_\_\_

**HR:** \_\_\_\_\_ **BP: R** \_\_\_\_\_/\_\_\_\_\_  
**HR:** \_\_\_\_\_ **R** \_\_\_\_\_/\_\_\_\_\_  
**HR:** \_\_\_\_\_ **L** \_\_\_\_\_/\_\_\_\_\_  
**HR:** \_\_\_\_\_ **L** \_\_\_\_\_/\_\_\_\_\_  
**RR:** \_\_\_\_\_ **lying**  
**HR:** \_\_\_\_\_ **R** \_\_\_\_\_/\_\_\_\_\_  
**HR:** \_\_\_\_\_ **L** \_\_\_\_\_/\_\_\_\_\_  
**HR:** \_\_\_\_\_ **standing**  
**HR:** \_\_\_\_\_ **R** \_\_\_\_\_/\_\_\_\_\_  
**HR:** \_\_\_\_\_ **L** \_\_\_\_\_/\_\_\_\_\_  
 10" rest  lying  sitting

**Fundi:** \_\_\_\_\_ Retinopathy  Hypertensive - grade \_\_/IV  Diabetic - grade \_\_/IV

**Thyroid:** \_\_\_\_\_

**JVP:** Height \_\_\_\_\_ cm > SA at \_\_\_\_\_ ° Waveform  A  x'  C  V  y HJR +/- Kussmaul's +/-

**Carotid:** Upstroke:  normal  delayed  brisk  bifid Volume:  normal  increased  decreased

A<sup>2</sup> audible over carotid?  Yes  No (if not audible: AV mean gradient ≥ 50 mm Hg i.e. severe AS)

Carotid Bruit:  right  left / Subclavian Bruit:  right  left / Vertebral Bruit:  right  left

**Chest:** Trachea \_\_\_\_\_ Inspection \_\_\_\_\_ Expansion \_\_\_\_\_

Percussion \_\_\_\_\_

Auscultation \_\_\_\_\_

**Precordium:**  Normal  Thrill  Heave  Lift  Describe \_\_\_\_\_  P2 palpable

**Apex:**  Normal  Not palpable Location \_\_\_\_\_ Size \_\_\_\_\_

Dynamic Qualities:  Hyperdynamic  Sustained  Other \_\_\_\_\_

(In CAD:  Palpable S4/apex not sustained-EF>50%  palpable S4/apex sustained-EF 40-50%

No palpable S4/apex sustained-EF<40%)

**Heart Sounds:** S1  normal  ↑  ↓  variable  Split  Other \_\_\_\_\_

S2  single  physiologically split  paradoxically split ; A2  ↑  ↓ ; P2  ↑  ↓

S3  absent  present

S4  absent  present

Opening Snap  present A2-OS  wide  medium  narrow

Pericardial knock  present

Pericardial rub  present;  monophasic  biphasic  triphasic

Ejection click  present

Non-ejection click  present

**Murmurs:** Systolic  ejection  regurgitant  mid (if more than one-place number in circle)

\_\_\_ Intensity \_\_\_/6 Location \_\_\_\_\_ Radiation \_\_\_\_\_

\_\_\_ Intensity \_\_\_/6 Location \_\_\_\_\_ Radiation \_\_\_\_\_

Diastolic  regurgitant  inflow rumble (if more than one-number in circle)

\_\_\_ Intensity \_\_\_/6 Location \_\_\_\_\_ Radiation \_\_\_\_\_

\_\_\_ Intensity \_\_\_/6 Location \_\_\_\_\_ Radiation \_\_\_\_\_

**Abdomen:**  Liver \_\_\_\_\_

Spleen \_\_\_\_\_

Mass \_\_\_\_\_  Aneurysm: size \_\_\_\_\_  Bruit: location \_\_\_\_\_

**Pulses:** 0 = absent; ↓ (1) = reduced; N (2) = normal; ↑ (3) = increased; ↑↑ (4) A = aneurysmal

Bruit +=present; 0=absent

	Right	Bruit	Left	Bruit
Femoral				
Popliteal				
Posterior Tibial				
Dorsal Pedis				

Edema: \_\_\_\_\_

Trophic changes: \_\_\_\_\_

Pallor on elevation

Rubor on dependency

Other: \_\_\_\_\_

**Key: ● condition present ∅ condition absent ○ not asked/assessed** 3

# Baseline History and Physical

**ECG:**

---

---

**CXR:**

---

---

**LAB:**

NA \_\_\_\_\_ K \_\_\_\_\_ Cl \_\_\_\_\_ CO2 \_\_\_\_\_ Urea \_\_\_\_\_ Cr \_\_\_\_\_ TSH \_\_\_\_\_

Hb \_\_\_\_\_ Hct \_\_\_\_\_ WBC \_\_\_\_\_ PC \_\_\_\_\_ INR \_\_\_\_\_

Total TC \_\_\_\_\_ TG \_\_\_\_\_ LDL \_\_\_\_\_ HDL \_\_\_\_\_ TC/HDL (N 4:1) \_\_\_\_\_ LDL/HDL (N3:1) \_\_\_\_\_

Other: \_\_\_\_\_

---

**TMT:**

---

---

**Nuclear Perfusion Study:**  Stress  Persantine  Thallium  MIBI/Myoview

---

---

**Gated Nuclear Angiogram (GNA/RNA/MUGA):**

---

---

**ECHO/Doppler:**

---

---

**Other:**

---

---

**ASSESSMENT:**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

**PLAN:**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

**Follow-up:**  1 month  2 months  3 months  6 months  1 year  other \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Key:** ● condition present ∅ condition absent ○ not asked/assessed